

# Your Love. Our Expertise.

Black Infant Health connects you to support, resources and a caring sisterhood aimed at improving the health of Black mothers and babies.

**black  
infant  
health** 



## What We Offer

- Virtual and In-Person group sessions with other moms
- Resources
- Support from caring professionals
- Education about your pregnancy
- Mental Health Support Services
- Information on nurturing and bonding with your baby
- Infant feeding and care tips
- Referrals to health and family support

## Requirements

- Self-Identify as African American or a Black Woman
- 18+ Years of age at enrollment
- Be pregnant or no more than 6 months post-partum
- Reside in the Antelope Valley

## Get Connected

You're not alone. Learn more about how we can help you. Call, email or stop by for a visit.

### Children's Bureau

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all4kids.org